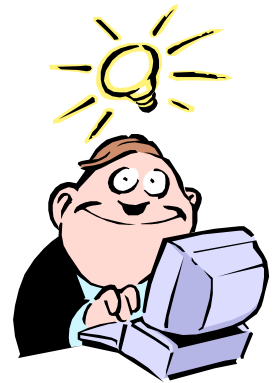


Office Humour

Top Ten Signs of Worker Burn Out

1. You're so tired you now answer the phone, "Hell."
2. Your mother calls to ask how you've been, and you immediately scream: "Get off my back!"
3. Your trash can is your "in" box.
4. You wake up to discover your bed is on fire, but go back to sleep because you just don't give a rip.
5. You have so much on your mind, you've forgotten how to urinate.
6. Visions of the upcoming weekend help you make it through Monday.
7. You sleep more at work than at home.
8. You leave for a party and instinctively take your ID badge.
9. Your Day Timer exploded a week ago.
10. You think about how relaxing it would be if you were in jail right now.



What is Success? It Depends...

Most of us understand that our self worth and feelings of achievement change as we go through life. While everyone has different aspirations, it appears we all have some common benchmarks for what success is.

Really, it all depends on your age. Consider the following:

- At age 4, success is not peeing in your pants
- At age 16, success is "getting a little"
- At age 25, success is graduation and a wedding
- At age 35, success is about career and family
- At age 55, success is about graduations and weddings
- At age 65, success is "getting a little"
- At age 90, success is not peeing in your pants



TRUISMS

If you have a lot of tension and you get a headache, do what it says on the aspirin bottle: Take two and keep away from children.

It's a very strange name they picked for "Social Security." For what they actually send you, you can't afford to be "social" nor can you really feel "secure."

Short skirts have a tendency to make men polite. Have you ever seen a man get on a bus ahead of one?

It is hard to understand how a cemetery raised its burial cost and blamed it on the cost of living.

Just remember...if the world didn't suck, we'd all fall off.

We are born naked, wet, and hungry. Then things get worse.

The 50-50-90 rule: Anytime you have a 50-50 chance of getting something right, there's a 90% probability you'll get it wrong.

It is said that if you line up all the cars in the world end to end, someone would be stupid enough to try and pass them.

If the shoe fits, get another one just like it.

The things that come to those who wait may be the things left by those who got there first.

Give a man a fish, and he will eat for a day. Teach a man to fish, and he will sit in a boat drinking beer all day.

When you're swimming in the creek and an eel bites your cheek, that's a moray!

A fine is a tax for doing wrong. A tax is a fine for doing well.

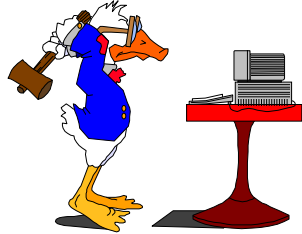
The only cure for insomnia is to get more sleep.

Everybody lies, but it doesn't matter since nobody listens.

I wished the buck stopped here. I could use a few.

When you go into court you are putting yourself in the hands of 12 people that weren't smart enough to get out of jury duty.

HOW TO HANDLE STRESS



Jam tiny marshmallows up your nose and try to sneeze them out.

Use your Mastercard to pay your Visa bill.

Make a list of things you have already done.

When someone says, "Have a nice day!",
Tell them you have other plans.

Dance naked in front of your pets.

Go shopping. Buy everything. Sweat in them.
Return them the next day.

Drive to work in reverse.

Read the dictionary backwards and look for
subliminal messages.

Bill your doctor for the time you spent in
their waiting room.

MANAGEMENT LESSONS

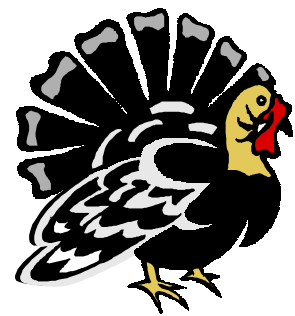


Lesson Number One

A crow was sitting on a tree, doing nothing all day.
A small rabbit saw the crow, and asked him, "Can I also sit like you and do nothing all day long?"
The crow answered: "Sure, why not." So, the rabbit sat on the ground below the crow, and rested.
All of a sudden, a fox appeared, jumped on the rabbit and ate it.

Management Lesson:
To be SITTING AND DOING NOTHING, YOU MUST BE SITTING VERY, VERY HIGH UP.

Lesson Number Two



A turkey was chatting with a bull.
"I would love to be able to get to the top of that tree," sighed the turkey, "but I haven't got the energy."
"Well, why don't you nibble on some of my droppings?" replied the bull. They're packed with nutrients."
The turkey pecked at a lump of dung and found that it actually gave him enough strength to reach the first branch of the tree.
The next day, after eating some more dung, he reached the second branch.
Finally after a fortnight, there he was proudly perched at the top of the tree.
Soon he was promptly spotted by a farmer, who shot the turkey out of the tree.

Management Lesson:
BULLSHIT might get you TO THE TOP, but IT WON'T KEEP YOU THERE.



Lesson Number Three



When the body was first made, all the parts wanted to be Boss.
The brain said, "I should be Boss because I control the whole body's responses and functions."
The feet said, " We should be Boss as we carry the brain about and get him to where he wants to go."
The hands said, "We should be the Boss because we do all the work and earn all the money.
And so it went on and on with the heart, the lungs and the eyes until finally the asshole spoke up.
All the parts laughed at the idea of the asshole being the Boss. So the asshole went on strike, blocked itself up and refused to work. Within a short time the eyes became crossed, the hands clenched, the feet twitched, the heart and lungs began to panic and the brain fevered. Eventually they all decided that the asshole should be the Boss, so the motion was passed.
All the other parts did all the work while the Boss just sat and passed out the shit!

Management Lesson:
You DON'T NEED BRAIN TO BE A BOSS - any asshole will do.

Lesson Number Four



A little bird was flying south for the winter. It was so cold,
The bird froze and fell to the ground in a large field.
While it was lying there, a cow came by and dropped some dung on it.
As the frozen bird lay there in the pile of cow dung, it began to realise how warm it was. The dung was actually thawing him out!
He lay there all warm and happy, and soon began to sing for joy.
A passing cat heard the bird singing and came to investigate.
Following the sound, the cat discovered the bird under the pile of cow dung, and promptly dug him out and ate him!

Management Lessons:
1) Not everyone who drops shit on you is your ENEMY.
2) Not everyone who gets you out of shit is your FRIEND.
3) And when you're in deep shit, KEEP YOUR MOUTH SHUT!

I cannot recall where these originated from, but whoever sent them...thanks! Brightened a pretty dreary day... Liz Harris, October, 2000.